## Use of Restrictive Physical Intervention

Staff aim to avoid restrictive physical intervention wherever possible. It will only be used when:

- There is an immediate risk of injury to the child or others
- There is a serious risk of damage to property
- A child is at risk of harming themselves

In all cases:

- The child's welfare is paramount
- The minimum force necessary will be used
- The intervention will last for the shortest possible time
- The child's dignity and emotional wellbeing will be respected
- Other behaviour management strategies will be used alongside physical intervention

## When Restrictive Physical Intervention May Be Used

Restrictive physical intervention may be considered when:

- A child is physically aggressive
- A child is attempting to harm themselves
- A dangerous situation is about to occur

If staff believe that physical intervention would worsen the situation, it will not be used.

The primary aim is always to restore safety.

## Who May Use Restrictive Physical Intervention

- Any trained and authorised member of staff may use restrictive physical intervention in line with this policy.
- Wherever possible, a staff member who knows the child well should be involved.
- Seclusion is not permitted, except in extreme emergency situations where immediate danger exists.
- All staff receive appropriate training in behaviour management and safe physical handling.

## Recording and Reporting

All incidents involving restrictive physical intervention are recorded fully and accurately within 24 hours and include:

- Date, time, and location
- Names of staff and children involved
- Reason for intervention
- Description of the intervention used
- Duration of the intervention
- Outcome and follow-up actions

Records are stored securely and shared with parents/carers in line with safeguarding procedures.

## Post-Incident Support

Following any use of restrictive physical intervention, appropriate support is provided to:

- **The child**, to help them understand what happened and to reassure them
- **Other children**, who may have witnessed the incident
- **Staff involved**, to reflect and discuss the situation

Where necessary, an individual behaviour support plan will be developed in partnership with parents/carers and relevant professionals.

## Partnership with Parents

- Parents/carers are informed as soon as possible following any incident involving restrictive physical intervention.
- This policy is available to parents upon request.
- Parents are involved in developing behaviour support strategies where required.

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## Training and Guidance

- This policy is developed with staff input and professional guidance.
- Staff receive regular training in positive behaviour management and safe handling techniques.
- Guidance from recognised early years authorities is followed.

## Monitoring and Review

- This policy is reviewed annually or sooner if required.

- All incidents are monitored to identify patterns and improve practice.
- The Manager is responsible for ensuring compliance with this policy.

## Policy Adoption

**Name of Setting:** Little Monsters Day Nursery
**Date Adopted:**

**Signed:** _____
**Role of Signatory:** Manager