Little Monsters Day Nursery

Nappy Changing and Toileting Policy

1. Policy Statement

Little Monsters Day Nursery is committed to promoting the **health, safety, and dignity** of all children during nappy changing and toileting. This policy sets out procedures to ensure children are changed safely, hygienically, and with respect for their privacy.

2. Aims

- To ensure nappy changing is carried out in a **safe and hygienic manner**.
- To maintain **children's dignity and privacy** during the procedure.
- To promote **positive interactions** and reassurance between staff and children.
- To comply with all **EYFS, health, hygiene, and safeguarding regulations**.

3. Procedures

Staffing:

- Only staff with **valid DBS checks** may change children's nappies or trainer pants.

Designated Area:

- Nappies are changed in a **designated changing area** that meets health, hygiene, and safety standards.
- The area is **private but not secluded**, allowing staff to be seen and heard by colleagues for safeguarding purposes.
- Changing mats and surfaces are **cleaned with antibacterial spray before and after each use**.

Hygiene and Safety:

- Children are **never left unattended** on the changing mat.
- Staff must wear **clean disposable gloves and aprons** for each nappy change.
- Each child's **own labelled nappies and creams** are used, with creams applied only **with parental consent**.
- All used items (nappies, wipes, gloves, aprons) are **disposed of immediately** in a tied nappy bag and placed in the **nappy bin** in the staff toilet.
- Both child and staff **wash hands thoroughly** with antibacterial soap and dry with paper towels after each nappy change.

Interaction and Support:

- Staff **interact with the child** throughout the procedure, providing reassurance, comfort, and support if the child is upset.
- Staff use nappy changing as an **opportunity to support children's language and social skills**, talking to them and encouraging participation where appropriate.

Parental Communication:

- Parents/carers are encouraged to **discuss any concerns** or queries with their child's key person or another staff member.
- Any relevant observations about the child's toileting, skin condition, or wellbeing are **recorded and shared with parents**.

4. Safeguarding and Dignity

- The child's **privacy and dignity** are respected at all times.
- The procedure aligns with **EYFS safeguarding requirements**, ensuring children are safe, comfortable, and treated with respect.
- Staff follow the nursery's **handwashing, hygiene, and safeguarding procedures** consistently.

5. Legal Framework & Guidance

- **Health and Safety at Work Act 1974**
- **EYFS Statutory Framework (Safeguarding & Welfare Requirements)**
- **Public Health and Hygiene Guidelines**

6. Policy Review

- This policy is **reviewed annually** or following any incident or updated guidance.
- Staff are informed of updates during **training or staff meetings**.

7. Policy Adoption

Nursery: Little Monsters Day Nursery

Date Adopted:

Signed (Staff): _____

Signed (Manager): _____